

The Waksman Social Skills Curriculum for Adolescents, 4th Edition

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This 9-week, 18 lesson format contains specific goals, objectives, worksheets, homework assignments, and instructions. You will have activities presented in a manner that facilitates their use by teachers working with groups of students or by psychologists, counselors, social workers or parents working with individuals. The program is particularly helpful with children and adolescents ages 10 to 15 years who display social skills deficits, behavior disorders, attention deficits, and emotional problems.

The curriculum includes specific lessons such as:

- Getting along with peers, teachers, and family members
- Expressing feelings appropriately
- Accepting criticism and compliments
- Social problem solving
- Drug- and peer pressure-refusal skills
- Tension and anger management
- Communicating more effectively
- Assertiveness and self-concept enhancement

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